

CAMP INFO.

The camp is directed by
Joe Mattessich

Head Football Coach
Jefferson Township High School
and staffed by high school coaches
and players.

Campers should dress
appropriately: shorts, T-shirts,
and sneakers should be worn. Cleats
can be worn on the football fields.

This is a non-collision football camp.
No additional football equipment will
be necessary. A certified athletic
trainer will be on site.



JoeMattessich

Daily Record Coach of the Year
New Jersey Herald Coach of the Year
Star-Ledger Coach of the Year
Big Game Magazine Coach of the Year
Morris County Coach of the Year
Selected to coach in the 2009 Governor's Bowl

Falcon Football Team

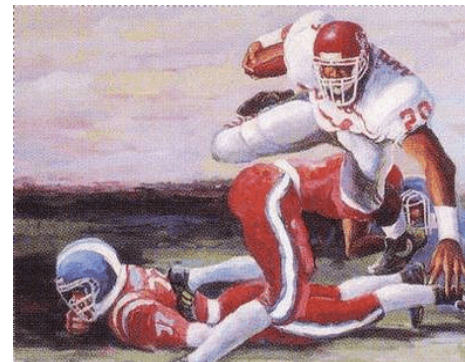
2008 State Champions
#1 in New Jersey in group 2 schools
New Jersey Herald Team of the Year
Mugs Media Team of the Year
Chuck Mound Team of the Year
Big Game Magazine Team of the Year
#15 overall in the state rankings

CAMP ITINERARY

- 9:00 Attendance & Meeting
- 9:10 Stretching & Exercises
- 9:30 Agility Conditioning
Stations and punt, pass
& kick competitions/Training
- 10:20 Offensive & Defensive
Drills & Instruction
- 11:30 Lunch*
- 12:00 Football Chalk Talk
& Instruction
- 12:15 7-on-7 Games
- 12:45 Cool down & Meeting
- 1:00 Parent pick up

INCENTIVES: Each camper will receive a
Camp T-shirt. As well as Group & Individual
Awards.

LUNCHTIME: Bag lunch is optional. Lunch will
be available to purchase at the Snack Bar.



FALCON FOOTBALL CAMP

The Mission

Our objective is to provide an excellent
learning experience for our campers in a
safe, enjoyable environment. Our goal is
to develop the fundamentals that will be
the foundation for becoming successful
in all three phases of the game. You will
learn the value of teamwork and dedication
while focusing on the skills that will improve
your play and give you an edge over the
competition.

DATE: June 21 to June 24
TIME: 9 am - 1 pm
PLACE: Jefferson Twp.
High School Field
GRADES: Entering grades 2 - 9
COST: \$100.00

To see **ALL** HS Camps offered
Log on to: www.jefftwp.org
Go to the athletic link