

## Self-Advocacy

# JEFFERSON TOWNSHIP SCHOOLS SEPAG MEETING

### \*Special Education Parent Advisory Group\*

Self-Advocacy is an important part of life. Learning how to speak up for yourself, making your own decisions about your own life, learning how to get information so that you can understand things that are of interest to you, finding out who will support you in your journey, knowing your rights and responsibilities, problem-solving, listening and learning, reaching out to others when you need help and friendship, and learning about self-determination all fall into the selfadvocacy category. In order to have the knowledge needed to succeed and ensure a chance to participate in crucial decisions that impact you and your life, you (your child) must know how to self-advocate.

Join us VIRTUALLY on Thursday, April 20<sup>th</sup> at 6:30pm on ZOOM along with presenter and LDTC Kristin Williams from the Jefferson Township School District as we discuss the topic of Self-Advocacy.

#### What is SEPAG?

The SEPAG is an advisory group that is state-mandated, district-level, and parent driven charged with providing input to the local school district on system-level challenges in special education and related services. It is a collaboration and partnership with the district to better improve services in special education.

#### What SEPAG is not...

It is not an advocacy assistance group, a support group, or a special education parent teacher organization.



When: Thursday, April 20th 6:30-8:00pm

## Where:

This event will be held **VIRTUALLY**. A virtual ZOOM link will be sent out upon registering for this event. **To register to attend, please click here:** <u>https://tinyurl.com/</u> <u>Self-Advocate</u>

## What: An Opportunity to...

- ✓ Ask questions.
- ✓ Learn what Self-Advocacy is and why it is important.
- ✓ Identify how to effectively communicate your unique needs.

## Presenters:

• Kristin Wiliams, LDTC, Jefferson Township Public Schools

If you are interested in helping and/or becoming a parent volunteer, please contact <u>ITSEPAG@gmail.com</u> or visit the **Jefferson Township Special Education Parent Advisory Group** and **JTSEPAG** Facebook pages at <u>facebook.com/JTSEPAG</u>.