




OCTOBER 2021 JEFFERSON TOWNSHIP

Elementary Schools



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NATIONAL FARM to SCHOOL MONTH 				1 ___ Frank's Pizza ___ PizzaBoli ___ Alternate #
4 ___ Chicken Tenders ___ Cheese Ravioli ___ Alternate #	5 ___ Pizza Crunchers ___ Cheese Ravioli ___ Alternate #	6 ___ All-Beef Hot Dog on a Bun ___ Cheese Ravioli ___ Alternate #	7 ___ Chicken Teriyaki w/ Vegetable Fried Rice ___ Cheese Ravioli ___ Alternate #	8 ___ Frank's Pizza ___ Cheese Ravioli ___ Alternate #
National School Lunch Week				
11 COLUMBUS DAY ___ Chicken Nuggets ___ Grilled Cheese Sandwich ___ Alternate #	12 ___ Lasagna Roll-Up ___ Grilled Cheese Sandwich ___ Alternate #	13 ___ Nachos Grande ___ Grilled Cheese Sandwich ___ Alternate #	14 ___ French Toast Sticks ___ Grilled Cheese Sandwich ___ Alternate #	15 ___ Frank's Pizza ___ Grilled Cheese Sandwich ___ Alternate #
18 ___ Breaded Chicken on a Bun ___ Lasagna Roll-Up ___ Alternate #	19 ___ Mozzarella Sticks ___ Lasagna Roll-Up ___ Alternate #	20 ___ Meatball Parmesan ___ Lasagna Roll-Up ___ Alternate #	21 ___ Sweet & Sour Chicken w/ Vegetable Fried Rice ___ Lasagna Roll-Up ___ Alternate #	22 ___ Frank's Pizza ___ Lasagna Roll-Up ___ Alternate #
25 ___ Chicken Tenders ___ Pizza Crunchers ___ Alternate #	26 ___ 100% Beef Burger - Cheeseburger on a Bun ___ Pizza Crunchers ___ Alternate #	27 ___ Mini Pancakes w/ Sausage ___ Pizza Crunchers ___ Alternate #	28 CELEBRATE HALLOWEEN! ___ Mummy Hot Dog w/ Ghostly Mashed Potatoes ___ Pizza Crunchers ___ Alternate # Halloween Pretzel	29 ___ Frank's Pizza ___ Pizza Crunchers ___ Alternate #

Also Available Daily:

1. Bagel & Yogurt Lunch w/ a Cheese Stick
2. Grilled Chicken Caesar Salad w/ a Roll

Assorted Sandwiches

3. Italian Hero
4. Turkey & Cheese
5. Ham Sandwich



Locally Grown Grapes



Locally Grown Peas



Free meals for all students*



At least 50% of All Grains served w/ your meal are Whole Grain Rich

FOOD ALLERGIES

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand

(students must select at least a serving of fruit or vegetable)

Hormone-Free Milk

Menu Subject to Change

Your comments are important to us. Please e-mail us at comments@pomptonian.com

"This institution is an equal opportunity provider."