







# FEBRUARY JEFFERSON TOWNSHIP

## 2020 Elementary Schools



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<div style="border: 1px solid green; padding: 5px; text-align: center;"> <b>Fruits &amp; vegetables from The Farm Stand are included with lunch.</b> </div>		
3 Popcorn Chicken w/ a Roll, Mashed Potatoes & Gravy OR Cheeseburger on a Brioche Roll	4 Baked Macaroni & Cheese w/ a Dinner Roll OR Baked Chicken Nuggets w/ a Roll	5 Baked Mozzarella Sticks w/ Marinara Sauce OR Cheese Ravioli in Marinara Sauce	6 Waffles w/ Sausage Links & Syrup OR Bacon, Egg & Cheese on a Croissant	7 Pizzeria Pizza OR Cheesesteak on a Roll
<b>Weekly Deli Sandwich:</b> Baked Chicken Slider Sandwich on a Croissant w/ Lettuce, Tomato & Honey Mustard				
10 Chicken Sliders on Buns OR Cheese Calzone w/ Marinara Sauce	11 All-Beef Hot Dog on a Bun w/ Sweet Potato Fries OR Cheeseburger Sliders on Buns	12 Chicken Patty on a Whole Wheat Bun OR Bosco Cheese Sticks	13 French Toast Sticks w/ Pork Sausage Links OR Pork Roll, Egg & Cheese on a Brioche Roll	14 <b>Valentine's Day</b> Pizzeria Pizza OR Cheeseburger on a Bun
<b>Weekly Deli Sandwich:</b> Turkey & Pepperoni w/ American Cheese & Lettuce on a Pan Roll				
17 	18 Baked Chicken Nuggets w/ a Roll OR Baked Ziti w/ Garlic Bread	19 Waffle Sticks w/ Sausage Links & Syrup OR Bacon, Egg & Cheese on a Croissant	20 Chicken Tenders w/ Dipping Sauce & a Roll OR Baked Macaroni & Cheese w/ a Roll	21 Pizzeria Pizza OR Chicken Patty on a Bun
<b>Weekly Deli Sandwich:</b> Salami, Pepperoni & Provolone Cheese on a Tomato Basil Wrap				
24 Popcorn Chicken w/ a Roll, Mashed Potatoes & Gravy OR Cheesesteak on a Roll	25 Pizza Crunchers w/ Marinara Dipping Sauce OR Meatball Parmesan on a Sub Roll	26 French Toast Sticks w/ Sausage Links OR Pork Roll, Egg & Cheese on a Roll	27 Chicken Patty on a Bun OR Hamburger on a Kaiser Roll	28 Pizzeria Pizza OR Barbecue Grilled Chicken on a Brioche Roll
<b>Weekly Deli Sandwich:</b> Turkey & Cheese Wrap w/ Lettuce & Tomato				

### ALSO AVAILABLE DAILY

#### SALAD LUNCH (each salad includes a Roll)

Chef's Salad: Tossed Greens w/ Turkey, Ham & Cheese  
 Chicken Caesar Salad: Tossed Greens w/ Sliced Chicken & Caesar Dressing  
 Green Salad: Tossed Greens w/ Cucumbers, Grape Tomatoes, Celery, Green Peppers, Broccoli & your choice of Egg or Cheese

#### BAGEL MEAL

Bagel w/ Cream Cheese, Low-Fat Cheese Sticks & a Trip to The Farm Stand

#### YOGURT LUNCH

4 oz. Yogurt, Cheese Stick, Pretzels, Bread & a Trip to The Farm Stand

#### DELI SANDWICH

Italian Mini Hero w/ Ham, Salami, Provolone Cheese, Lettuce & Tomato  
 Tuna on a Kaiser Roll w/ Lettuce & Tomato

#### ASSORTED BENTO BOXES

Including Fruit & Cheese Platter, Falafel, Hummus & Build-Your-Own Pizza

#### MAKE CHECKS PAYABLE TO:

JEFFERSON TOWNSHIP NUTRITION SERVICES



Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at [www.pomptonian.com](http://www.pomptonian.com).

#### A Complete Lunch Includes:

Entrée (w/ Protein/Grain)

**Trip to The Farm Stand**  
 (students must select at least a serving of fruit or vegetable)

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

**Menu Subject to Change**

Your comments are important to us. Please e-mail us at [comments@pomptonian.com](mailto:comments@pomptonian.com)

"This institution is an equal opportunity provider."



**At least 50% of All Grains served w/ your meal are Whole Grain Rich**



Locally Grown Parsnips



Locally Grown Pink Lady Apples