










# JUNE JEFFERSON TOWNSHIP

Middle School  
Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Bacon & Egg on a Whole Wheat Bun Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	4 Pancakes with Syrup Sausage Patty Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	5 Egg & Cheese in a Wrap Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	6 French Toast Sticks with Syrup Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	7 Pork Roll, Egg & Cheese on a Bun Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk
<i>National Fresh Fruits &amp; Vegetables Month</i> 				
10 Pork Roll, Egg & Cheese Sandwich Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	11 Waffles with Syrup Sausage Links Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	12 French Toast Sticks with Syrup Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	13 Bacon, Egg & Cheese Sandwich Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	14 <b>FLAG DAY</b> Egg & Cheese on a Whole Wheat Bun Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk
<i>National Flag Week</i> 				
17 Sausage & Egg on a Whole Wheat Bun Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	18 Waffles with Syrup Sausage Links Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	19 Bacon, Egg & Cheese on a Bun Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	20 French Toast Sticks with Syrup Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	21 Pancakes with Syrup Sausage Patty Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk
		<i>Summer Begins</i> 		
24 Egg & Cheese Sandwich on Whole Wheat Bread Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	25 Pork Roll, Egg & Cheese Sandwich Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	26 ENJOY	 YOUR BREAK	



**Alternate Breakfast available daily:**

Bowl of Cereal with Bread & Jelly, Pure Fruit Juice & Choice of Milk

Choice of Milk offered with Breakfast: Non-Fat White, Chocolate & Strawberry

\*2 - ½ cup servings of Fresh &/or Cupped Fruit  
or ½ cup 100% Juice & ½ cup Fresh or Cupped Fruit



**At least 50% of All Grains served w/ your meal are Whole Grain Rich**

"This institution is an equal opportunity provider."

