

JANUARY JEFFERSON TOWNSHIP

2020 Middle School
Breakfast



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>6</p> <p>Pork Roll, Egg & Cheese Sandwich Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>7</p> <p>Waffles with Syrup Sausage Links Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>8</p> <p>French Toast Sticks with Syrup Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>9</p> <p>Bacon, Egg & Cheese Sandwich Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>10</p> <p>Egg & Cheese on a Whole Wheat Bun Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>
<p>13</p> <p>Ham, Egg & Cheese on a Bun Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>14</p> <p>Waffles with Syrup Sausage Links Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>15</p> <p>Bacon, Egg & Cheese on a Bun Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>16</p> <p>French Toast Sticks with Syrup Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>17</p> <p>Pancakes with Syrup Sausage Patty Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>
<p>20</p> <p>No School</p>	<p>21</p> <p>Pork Roll, Egg & Cheese Sandwich Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>22</p> <p>French Toast Sticks with Syrup Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>23</p> <p>Egg & Cheese in a Wrap Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>24</p> <p>Sausage, Egg & Cheese in a Wrap Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>
<p>27</p> <p>Bacon & Egg on a Whole Wheat Bun Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>28</p> <p>Pancakes with Syrup Sausage Patty Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>29</p> <p>Egg & Cheese in a Wrap Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>30</p> <p>French Toast Sticks with Syrup Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>31</p> <p>Ham, Egg & Cheese on a Bun Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>

Alternate Breakfast available daily:

Bowl of Cereal with Bread & Jelly, Pure Fruit Juice & Choice of Milk

Choice of Milk offered with Breakfast: Non-Fat White, Chocolate & Strawberry

*2 - ½ cup servings of Fresh &/or Cupped Fruit
or ½ cup 100% Juice & ½ cup Fresh or Cupped Fruit



At least 50% of All Grains served w/ your meal are Whole Grain Rich

"This institution is an equal opportunity provider."