

FEBRUARY JEFFERSON TOWNSHIP




Middle School

2020 Breakfast



POMPTONIAN
FOOD SERVICE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Bacon & Egg on a Whole Wheat Bun Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>4</p> <p>Pancakes with Syrup Sausage Patty Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>5</p> <p>Egg & Cheese in a Wrap Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>6</p> <p>French Toast Sticks with Syrup Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>7</p> <p>Ham, Egg & Cheese on a Bun Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>
<p>10</p> <p>Pork Roll, Egg & Cheese Sandwich Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>11</p> <p>Waffles with Syrup Sausage Links Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>12</p> <p>French Toast Sticks with Syrup Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>13</p> <p>Bacon, Egg & Cheese Sandwich Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>14</p> <p>Egg & Cheese on a Whole Wheat Bun Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>
<p>17</p> <p>Presidents' Day</p> 	<p>18</p> <p>Waffles with Syrup Sausage Links Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>19</p> <p>Bacon, Egg & Cheese on a Bun Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>20</p> <p>French Toast Sticks with Syrup Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>21</p> <p>Pancakes with Syrup Sausage Patty Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>
<p>24</p> <p>Egg & Cheese Sandwich on Whole Wheat Bread Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>25</p> <p>Pork Roll, Egg & Cheese Sandwich Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>26</p> <p>French Toast Sticks with Syrup Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>27</p> <p>Egg & Cheese in a Wrap Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>	<p>28</p> <p>Sausage, Egg & Cheese in a Wrap Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk</p>
<p><i>Happy Valentine's Day</i></p>				

Alternate Breakfast available daily:

Bowl of Cereal with Bread & Jelly, Pure Fruit Juice & Choice of Milk

Choice of Milk offered with Breakfast: Non-Fat White, Chocolate & Strawberry

*2 - ½ cup servings of Fresh &/or Cupped Fruit
or ½ cup 100% Juice & ½ cup Fresh or Cupped Fruit



**Locally Grown
Pink Lady Apples**



At least 50% of All Grains served w/ your meal are Whole Grain Rich

"This institution is an equal opportunity provider."