



JEFFERSON TOWNSHIP MIDDLE SCHOOL

JUNE 2019



AVAILABLE DAILY

Monday 3	Chicken & Broccoli Penne with Garlic Sauce	Chicken Patty Parmesan on a Sub Roll	Meatball Pizza	 <p>Assorted Deli Sandwiches Tuna Salad Sandwich</p> <p>Assorted Grab-&-Go Sandwiches & Wraps</p> <p>Chicken Patty on a Bun Burgers on Buns Spicy Chicken Sandwich</p>  <p>Tossed Salad Chef's Deli Salad Garden Salad Chicken Caesar Salad</p> <p>Assorted Grab-&-Go Salads</p> <p><i>Assorted salad selections are offered with a Roll</i></p>
Tuesday 4	Chicken Smackers & Mozzarella Sticks	Sausage, Egg & Cheese on a Bun	Broccoli & Garlic Pizza	
Wednesday 5	General Tso's Chicken with Lo Mein & a Spring Roll	Buffalo Chicken Wrap	Margherita Pizza	
Thursday 6	Chicken or Pizza Quesadilla with Sour Cream & Salsa	Mozzarella Sticks with Marinara Dipping Sauce	Turkey Bacon Cheddar Cheese Pizza	
Friday 7	Baked Macaroni & Cheese with a Dinner Roll	Bacon Cheeseburger on a Bun	Chicken Parmesan Pizza	

Fruits & vegetables from The Farm Stand are included with lunch.

A complete meal includes: Entrée with Protein/Grain, a Trip to The Farm Stand (students must select at least a serving of fruit or vegetable) & a Choice of Milk.

Also available daily: Assorted cold beverages, soups, vegetables & fresh & chilled fruit bowl. All Snacks are in compliance with the State's Guidelines.

Your comments are important to us. Please e-mail us at comments@pomptonian.com. Menu Subject to Change



Look for the NJ logo which shows items on the menu featuring locally grown items.



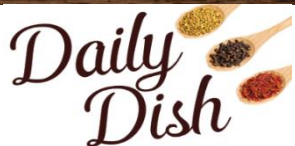
At least 50% of All Grains served with your meal are Whole Grain Rich

"This institution is an equal opportunity provider."





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Monday 10	Pizza Crunchers w/ a Marinara Dipping Sauce	Meatball Parmesan on a Sub Roll	BBQ Chicken Pizza	 <p>Assorted Deli Sandwiches Tuna Salad Sandwich</p> <p>Assorted Grab-&-Go Sandwiches & Wraps</p> <p>Chicken Patty on a Bun Burgers on Buns Spicy Chicken Sandwich</p>  <p>Tossed Salad Chef's Deli Salad Garden Salad Chicken Caesar Salad</p> <p>Assorted Grab-&-Go Salads</p> <p><i>Assorted salad selections are offered with a Roll</i></p>
Tuesday 11	Teriyaki Chicken with Fried Rice & Veggies	Bacon, Egg & Cheese on a Bun	Sausage & Pepper Pizza	
Wednesday 12	Wild Wing Wednesday – Assorted Chicken Wings & Sauces with a Roll	Spicy Chicken Sandwich. with Honey Mustard, Pepper Jack & Pickles	Buffalo Chicken Pizza	
Thursday 13	Waffle Sticks with Syrup, Bacon and a Hash Brown	Mozzarella Sticks with Marinara Dipping Sauce	Meat Lovers' Pizza	
Friday 14	Baked Macaroni & Cheese with a Dinner Roll	Chicken Bacon Ranch Wrap	Chicken Teriyaki Pizza	

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Monday 17	Chicken Sliders on Buns with Mashed Potatoes & Brown Gravy	Italian-Style Hot Dog with Peppers, Onions & Potatoes on a Hero Roll NJ	Meatball Pizza	<p>Assorted Deli Sandwiches Tuna Salad Sandwich</p> <p>Assorted Grab-&-Go Sandwiches & Wraps</p> <p>Chicken Patty on a Bun Burgers on Buns Spicy Chicken Sandwich</p> <p>Tossed Salad Chef's Deli Salad Garden Salad Chicken Caesar Salad</p> <p>Assorted Grab-&-Go Salads</p> <p><i>Assorted salad selections are offered with a Roll</i></p>
Tuesday 18	Grilled Cheese Sandwich with Tomato Soup	Pork Roll, Egg & Cheese on a Roll	Chicken Parmesan Pizza	
Wednesday 19	French Toast Sticks with Sausage & Hash Browns	Cheeseburger Sliders on Buns with Bacon	Hawaiian Pizza – Pineapple & Ham Pizza	
Thursday 20	Popcorn Chicken w/ Assorted Dipping Sauces & a Roll	Mozzarella Sticks with Marinara Dipping Sauce	Broccoli & Garlic Pizza	
Friday 21	-Assorted Strombolis- Chicken Bacon Ranch Pepperoni Cheese	Chicken Sliders on Buns with Bacon	Buffalo Chicken Pizza	

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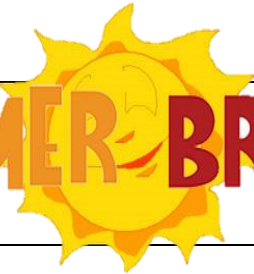


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Monday 24	Nachos Grande with Turkey Taco Meat, Brown Rice & Scoops Chips NJ	Chicken Patty Parmesan on a Sub Roll	Meat Lovers' Pizza	<div style="text-align: center;">  <p>Assorted Deli Sandwiches Tuna Salad Sandwich</p> <p>Assorted Grab-&-Go Sandwiches & Wraps</p> <p>Chicken Patty on a Bun Burgers on Buns Spicy Chicken Sandwich</p>  <p>Tossed Salad Chef's Deli Salad Garden Salad Chicken Caesar Salad</p>  <p>Assorted Grab-&-Go Salads</p> <p><i>Assorted salad selections are offered with a Roll</i></p> </div>
Tuesday 25	LAST DAY Max Cheese Sticks with Dipping Sauce	LAST DAY Sausage, Egg & Cheese on a Bun	LAST DAY Chicken Parmesan Pizza	
Wednesday 26	ENJOY  YOUR SUMMER BREAK			
Thursday 27				
Friday 28				

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